## Discover a Natural Way

## Lose Weight and Maintain a Healthy Lifestyle

BY DEB LEHMAN









r. Mark Augello's Health & Body Makeover program is an allnatural weight loss center dedicated to helping patients reach their goals. His program addresses a number of health and weight loss issues and is designed to infuse your body with the proper vitamins, minerals, enzymes, and probiotics. In addition, the program aims to remove harmful toxins and stimulate fat-burning hormones.

"I started a chiropractic office in 1993," Dr. Augello said. "Because many of my patients were overweight or suffered from high blood pressure, high cholesterol, or digestive issues, I opened a weight loss practice in 2013."

Dr. Augello learned about weight loss techniques from years of extensive experience, study, and research. But it was his own predicament that sent him on a mission to attain health and wellness.

He suffered from high blood pressure, blood sugar, and cholesterol. along with depression, a sleeping disorder and obesity. His physician recommended a pill for each health problem, but the side effects

concerned him. So, he met with top health and wellness researchers in California and then to Utah, where a doctor had developed a program that integrated the researchers' essential findings.

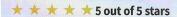
Dr. Augello followed the program and lost 40 pounds in 12 weeks while gaining invaluable insights —

weight gain is a side effect of an unhealthy body that undergoes a daily barrage of chemical, physical, and emotional stress; it is critical to remove harmful toxins from your body; and the gut functions like a second brain. Once Dr. Augello's gut was healed, his mood improved, he started sleeping well, and his blood levels returned to normal.

Dr. Augello offers prospective clients a complimentary one-on-one weight loss consultation. He tells his patients, "You are going to feel better than you look, and you are going to look great."

Dr. Augello's Health and Body Makeover LLC Bethlehem, PA, 888-Burn-Fat

## **Testimonials**



This program changed my whole life. I thought I was heading for a wheelchair with the joint pain I had. Saw many specialists. After the first week of this plan, doing the natural supplements and changing our eating habits, my joint pain started to subside. I started in May 2021. I lost 50 pounds. I no longer see those specialists and have minimal to no joint pain. I can work out at the gym again...

-Tina A - January 8, 2022



I had tried all the other programs out there WW, Nutri System, Jenny Craig and several more, with limited success. I decided to go to one of the information seminars to learn about this and signed up for a meeting at his office. I did the research on all that is offered and there is science behind it all. I will tell you that it is not the cheapest option, but it WORKS!!!!!

-Michael Boyer - July 18, 2021



I lost 110 pounds in 6 months with Dr. Augello's system. If you stick to the plan, it works perfectly. I found the staff to be supportive, patient, and informative. You need to be self-motivated for any plan to work, so it was so helpful that Dr. Augello's plan helps you discover the motivation you need during your weekly appointments. I would encourage anyone that is looking to finally achieve a healthy life to give the office a call.

Timothy Schmoyer - July 13, 2021